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Another package detonated

CRIME

City remains on edge over mail bombs



Just days after a mail bomb went off at a lawyer's office and police found two more, the Winnipeg Police Service bomb squad detonated a suspicious package Wednesday in south Winnipeg.

Police were called to the scene at St. Anne's Road near Bank Avenue around 2 p.m. after a suspicious package was found near a strip mall.

Nearby homes and businesses were evacuated as the bomb unit

rolled in and deployed its robot to check out the package.

A few hours later, the bomb unit used a water cannon to spray the package and a small explosion was heard.

As of press deadline, Winnipeg police had only confirmed they were at the scene of a suspicious package and that the area had been evacuated. Police closed neighbourhood roads at the height of rush hour and reopened them around 6 p.m.

There was no word if the package was similar to ones found since Friday, one of which went off at a law office, severely injuring lawyer Maria Mitousis, 38.

Guido Amsel was arrested and charged with two counts of attempted murder and numerous charges relating to explosives for his alleged involvement.

FOOD-TRUCK SAFETY UNDER FIRE

City and province point to each other over inspections

metronews

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IN BRIEF

Police release sketch of indecent-act suspect

Police have released a sketch of a suspect they've been looking for after a man was seen performing an indecent act outside a Westwood business last month.

The manager of the business had to ask the man to leave after he was caught enjoying himself a little too much in front of the business in the 3300 block of Portage Avenue around



HANDOUT/WPS

8 a.m. June 20. The suspect is five-foot-10, 210 pounds, in his late 20s or early

30s, with a medium build, short black cropped hair, and brown eyes. Anyone with information on the suspect should call investigators at 204-986-2877 or Crime Stoppers at 204-786-TIPS. METRO

Winnipeg BBQ & Blues Festival finds new home

The Winnipeg BBQ & Blues Festival is taking it to the streets this summer.

The fest will take over Smith Street in front of the Burton Cummings Theatre Aug. 21 and 22. The fourth annual event will feature bands including headliners Big Sugar and David Wilcox and see the "Pit Masters" BBQ competition. METRO

Councillors' ads spread 'misinformation': Mayor

URBAN PLANNING

Pedestrian cycling strategy gets green light



Dave Baxter
Metro | Winnipeg

The city's mayor and one councillor are accusing a group of councillors of misleading the public about what will happen if the city moves forward with a 20-year, \$330-million pedestrian cycling strategy.

On Wednesday, the city's executive policy committee gave the strategy the green light with only Coun. Jeff Browaty voting against it.

"After the tabling, it became clear that a campaign of misinformation was underway," said Coun. Jenny Gerbasi, while speaking about the strategy that looks to get more people cycling and walking in Winnipeg.

"Over 100 letters were sent to downtown businesses in my ward, and I don't take kindly to bullying. I think people have to be called out."

Couns. Russ Wyatt, Jeff Browaty, Jason Schreyer, Ross Eadie and Shawn Dobson released a radio ad Wednesday morning warning people that if the plan moves forward they may be forced to clear snow from city sidewalks on their yards.

The ads did not sit well with Mayor Brian Bowman.

"There will be no changes



Coun. Jenny Gerbasi said some councillors are spreading misinformation about the proposed pedestrian cycling strategy. DAVE BAXTER/METRO

to snow clearing if and when these pedestrian cycling strategies are adopted, and any

statements to the contrary are simply false," said Bowman.

"I question whether or not

the constituents of their respective wards will think this is a good use of their tax dollars, being used to provide misinformation to the public."

The ads cost about \$600 each for the five councillors according to Browaty, who said he is not against the plan, but wants big changes made to it before he will vote for it.

"Let's get a plan that is bought in by all of Winnipeg and not just the cycling community," said Browaty.

Browaty does not agree that a campaign of fear mongering or misinformation is underway.

"Seniors could be losing their sidewalk snow clearing," he said. "Is that fear mongering?"

The strategy now moves to next Wednesday's meeting of council.

DEVELOPMENT

Sport Manitoba fees waived

The city is waiving development fees for Sport Manitoba's new \$26-million field house, but only if the National Women's Volleyball Team stays in Winnipeg.

Last month Sport Manitoba asked for the city to waive fees such as building permits, inspection fees, and street closure costs for the 120,000 square foot training centre.

Sport Manitoba said the money they save if the fees are waived could be used to offset losses they will incur as they make their pitch to have the field house become the official home of the National Women's Volleyball Team.

The team is currently based at the University of Manitoba, but with the contract set to expire in 2017 other cities are

now bidding for it.

The city's executive policy committee has now approved a plan to waive fees but only up to a maximum of \$200,000, and the waivers will only apply if Sport Manitoba can keep the volleyball team in Winnipeg.

The decision still has to go through council.

DAVE BAXTER/METRO

IN BRIEF

Evening parking plan moves forward

People parking downtown in the evenings may have to watch the clock soon. On Wednesday, the city's executive policy committee unanimously approved a plan to continue offering free parking downtown in the evenings, but enforcing two-hour limits.

The plan would affect about 900 spots between 5:30 p.m. and 10 p.m. in the

area around the MTS Centre.

Anyone parking beyond the limit could be ticketed or towed. The time limit is to encourage turnover of people coming downtown at night according to Mayor Brian Bowman, who said the decision was between two-hour free parking, or having people pay for downtown parking. The plan still has to go through council for approval. DAVE BAXTER/METRO

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L.A. folk-rockers ready to add their notes to fest sound storm

WINNIPEG FOLK FEST

Dawes pumped to contribute to fans' shared experience

Nigel Moore
For Metro | Winnipeg

L.A. folk-rock band Dawes have their fans — a lot of them, in fact.

But lead singer and songwriter Taylor Goldsmith is comfortable with his band serving a broader experience when they play the Winnipeg Folk Fest on Sunday.

"I think with festivals, audience members are more concerned with their experience of the festival as a whole, rather than any particular band in itself," said Goldsmith, who will be joined on the Main Stage by drummer Griffin Goldsmith, keyboardist Tay Strathairn, bassist

Wylie Gelber and newly added guitarist Duane Betts.

There's an ebb and flow with an audience that's spread out over a field on a warm summer night, said Goldsmith.

"Playing to a family a couple thousand yards away, tuning in and tuning out, discussing what they want to do next, snacking on something they had in their bag, making sure their kids haven't wandered off — I really like the idea of that," he said. "Along with playing for all of the folks locked in up front as well, of course."

On Dawes' just-released fourth record, *All Your Favorite Bands*, there's a lot of looking back going on, but no particular reason for it, said Goldsmith.

"To me, the idea of songwriting is to take a thought or experience or memory and toss it around until it starts to take on a deeper meaning," he said.

Folk Fest kicks off Thursday night and runs until Sunday at Birds Hill Park.



L.A. folk-rock band Dawes will be on the Winnipeg Folk Fest Main Stage on Sunday at 6 p.m. DAN MATTHESEN

VOLLEYBALL

'Something for everyone' at Super Spike: Organizer

Dave Baxter
Metro | Winnipeg

The people organizing this year's MTS Super Spike say the event will be a good time for people whether or not they are planning to hit the volleyball court.

The annual two-day event, which is run as the largest fundraiser for the National Women's Volleyball Team, mixes a beach volleyball tournament with an outdoor concert series.

"It's the biggest outdoor beach volleyball tournament in Western Canada," said Malory Moir, the fundraising chair for Volleyball Canada.

Super Spike has 46 outdoor courts, and Moir expects about 500 teams will take part.

"It's just a really fun atmosphere," said Moir. "There's something for everyone. Even if you just like to listen to music and hang out in the sun, there's always something to do."

The stage will feature 12 bands, with the Trews coming in as this year's headliner.

"We always have one large



Teams wanting to take part in this year's MTS Super Spike have until Friday to register at superspike.ca. MTS SUPER SPIKE

headliner, and it's historically always been Canadian," said Moir.

Anyone looking to play in the tournament must have a minimum of six players to make a team, and Friday is the deadline to enter.

Moir said they are at a record pace this year for the number of teams taking part.

"I think it's word of mouth," she said. "People tell their friends and they tell their friend and that's a huge push."

MTS Super Spike happens July 17 and 18 at Maple Grove Rugby Park, and anyone looking to sign up a team or get more information can visit superspike.ca.

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+ THE MODEL

The Chicago standard for food truck fire safety

Municipalities across North America are scrambling to sort out fire safety guidelines for the booming food truck industry. According to a recent article in the National Fire Protection Association Journal, many of them are turning to Chicago for guidance.

Every food truck operator in Chicago using gas or a generator to power cooking equipment needs an annual fire safety permit from the Chicago Fire Department.

To get the permit, operators must provide plans for the truck's fire suppression system, have all employees attend a fire safety class, purchase a combustible gas detector so they can check for leaks daily, and pass a vehicle fire inspection.

Once a truck is on the road, it's subject to routine fire inspections by city officials, is limited to carrying no more than 40 pounds of propane, and all of its fire safety equipment and gas tanks must be checked at least every 90 days by a licensed professional.

Additionally, all mobile food vendors must be equipped with a GPS device so fire and health officials can locate a truck in case of a complaint or emergency.

Richard Ford II, deputy commissioner of the Chicago Fire Department, told the NFPA Journal the city's strict fire regulations for food trucks are all about safety.

"We're not trying to harm the industry at all," he explained. "We just want it to be safe for owners and operators and the public."

COLIN FAST/METRO

Winnipeg food trucks not inspected regularly

SAFETY

City, province confused over who should be checking



Colin Fast
Metro | Winnipeg

The food truck scene in Winnipeg has been on fire over the past couple of years, but who's ensuring the trucks themselves don't catch fire?

As it turns out, no one.

Metro has learned no regular fire inspections for food trucks are conducted by either the city or the province, even though the mobile restaurants are equipped with deep fryers, grills and ovens powered by large gas and propane systems.

According to the National Fire Protection Association, a standard size 20 gallon propane tank (used on most barbecues) has the same explosive power as 170 sticks of dynamite. Some food trucks use tanks as large as 100 gallons.

When food trucks are first licensed, provincial inspectors check that cooking equipment and fuel connections comply with health and safety standards. But annual fire inspections don't take place, according to Derek Collins of the Winnipeg Food Truck Association.

"If you have a restaurant, you get regular inspections. It should be the same thing for a food truck," said Collins.

Collins added that most mobile eateries are professionally built to meet modern safety



Winnipeg food trucks are not subject to annual fire inspections, and both the city and the province seem to think the other should be responsible for the inspections. SHANE GIBSON/METRO FILES

codes, but he's aware of some older trucks with no fire suppression equipment at all.

City and provincial officials contacted by Metro couldn't even agree on who was responsible for food truck fire safety.

A provincial spokesperson said it was the job of the Winnipeg Fire and Paramedic Service, while a city spokesperson pointed to the provincial Office of the Fire Commissioner.

"Mobile food vendors could



It's for the safety of everybody ... the public and the people working in the trucks.

Derek Collins, Winnipeg Food Truck Association

be located in any city or town at any given time; therefore they do not fall under the jurisdiction of the WFPS," said the city spokesperson.

But Collins said when he

takes his Poutine King truck outside Winnipeg, local fire marshals in each community conduct inspections before he's allowed to start cooking.

"If we go out to the Cal-

+ THE RISKS

Several serious incidents involving food trucks have occurred in North America in the past year:

Philadelphia — A food truck exploded in July 2014, killing two people and injuring 10 others.

Minneapolis — A food truck exploded in March while parked in the owner's driveway, damaging 20 homes.

Washington, D.C. — The White House went into lockdown in March after a nearby food truck exploded.

Indianapolis — A food truck fire in June injured four people, three of them seriously.

Guelph — A food truck fire in June caused \$20,000 in damage.

gary Stampede or the Morden Corn and Apple Festival, a fire inspector looks at the truck. But in Winnipeg, you get your license, and they won't ever come back and inspect it again," he said.

A recent story in Metro Edmonton revealed 30 per cent of vehicles at an Edmonton food truck festival failed to meet safety regulations. City officials subsequently committed to implementing annual fire inspections.

Collins said he'd like to see something similar in Winnipeg.

"It's for the safety of everybody ... the public and the people working in the trucks."



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THINGS TO BRING TO THE WINNIPEG FOLK FESTIVAL

The Winnipeg Folk Fest kicks off Thursday, but campers have been filing into the campground since Wednesday. Here are five things that aren't to be forgotten.

SHANE GIBSON/METRO WINNIPEG SHANE.GIBSON@METRONEWS.CA

1 Blockice

Sure party ice sounds cooler, but only a block of ice will keep your beverages frosty until Sunday.



2 Ear plugs

There's nothing cool about bringing ear plugs to a festival, but trying to nap in a campground that never sleeps is impossible without them.



3 Toothbrush and toothpaste

Smiling is contagious in the campground and you don't want that falafel ball you just ate ruining your grin.

4 Instrument

The campfire jams that keep those who forgot earplugs up are awesome. Bring a banjo, a harmonica, or just slap your knee to the beat.



5 Suntan lotion

Five days of fun in the sun can end up painful. Don't forget a hat, suntan lotion and your coolest shades.



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DEADLINE JUNE 29 / 2015

+ BIO

Toronto 2015 will be Adam van Koeverden's first appearance at the Pan Am Games. He is scheduled to race in the K-1 (single kayak) 1,000-metre race.

Born: Toronto, Ont., January 29, 1982

Educated: McMaster University (honours bachelor of science in kinesiology), 2007

Olympic Medals:

Gold: K-1,500 metres, Athens 2004

Silver: K-1,500 metres, Beijing 2008; K-1 1,000 metres, London 2012

Bronze: K-1 1,000 metres, Athens 2004

World Championship medals:

Gold: K-1, 500 metres, 2007;

K-1 1,000 metres, 2011

Silver: K-1 1,000 metres, 2003; K-1 1,000 metres, 2005; K-1 1,000 metres, 2007

Bronze: K-1 1,500 metres, 2005; K-1 1,000 metres, 2009; K-1,500 metres, 2010

FAVOURITE FOR GOLD
Unlike a lot of sports that are dominated by Americans, van Koeverden's biggest competitors are European — and they're not in the Pan Am Games.



Adam van Koeverden at the Burloak Canoe Club, Oakville, Ont., on July 2. LIZ BEDDALL/METRO



LIZ BEDDALL/METRO

METROTALKS ADAM VAN KOEVERDEN

In the latest of a series of conversations with influencers, we visit with the **champion kayaker** before the Pan Am Games

HIGH HOPES FOR HOMETOWN HERO



Gilbert Ngabo
Metro | Toronto

Adam van Koeverden is excited that the 2015 Pan Am Games have come to Toronto — and not just because of the competition.

When Metro paid a visit to the star kayaker's morning training session at the Burloak Canoe Club in Oakville, Ont., a little over a week before the Games' official kickoff, the Toronto native said he's already thinking about the Games' enduring legacy.

As a two-time world champion four-time Olympic medalist (yes, there's a gold in there), he knows from experience that major sporting events are bigger than sports. When China hosted the 2008 Olympics, where he won a silver medal in K-1 (single kayaker) 500-metre event, the hot topic was the country's human-rights record. It was "a good thing" that the world talked about those issues because of the Games, he said.

The Greater Toronto Area might not have that kind of reputation to contend with, but, van Koeverden said, the Pan

Am Games is an opportunity to improve infrastructure, city planning, traffic and transportation issues — and not just in Toronto proper, either.

"You can call these the Golden Horseshoe Games," he said. "They benefit the entire region. It's what made the original bid so attractive. When you get an Olympics or the Pan Am Games, all of the issues that were on the back burner get done."

Citing the recent completion of an express rail line between Toronto's Pearson Airport and downtown's Union Station as a case in point, van Koeverden also

mentioned the two most pressing transit issues in Toronto: Expansion of the city's subway system and modernization of the elevated Gardiner Expressway.

"If we get the Olympics, guess what? I bet they're done. That's what it takes — something; a deadline."

Van Koeverden has high hopes for his hometown.

Citing, with evident pride, the city's multicultural composition, he said he would like his sports peers to get out of the athletes' villages and experience the wider city.

"I think one of our greatest



I hope that after the opening ceremonies the city erupts.

Adam van Koeverden

assets is our neighbourhoods," he said. "When my Romanian friend visited I took him to Spadina for soba noodles.

"A Romanian, in Chinatown, for Japanese noodles. That's Toronto."

How a gold-medal kayaker trains



Fernando Carneiro
Metro | Toronto

Two weeks before competition Adam van Koeverden went to a bar. He had a soda and left at 9:30 p.m.

Practice isn't everything, he says. Recovery is just as important.

"It's something people don't

recognize — training breaks down your body. Rest builds it back up," van Koeverden told Metro in an interview following practice at the Burloak Canoe Club in Oakville, Ont.

He does drink alcohol, eats whatever he wants and does stay up late. But this close to competition, he adjusts his routine.

Here's what his days are like:

6 a.m.: The alarm clock goes off. Maybe he'll hit snooze be-

fore having a coffee and a banana or yogurt.

6:30 a.m.: He starts the drive to Oakville and, no, he doesn't get to drive on the HOV lanes. He's stuck in traffic with the rest of the hapless commuters, listening to CBC radio.

7:30-ish: Van Koeverden hits the water for a two- to 2.5-hour practice session. This is considered short. "This close to competition, I'm past the ex-

treme endurance phase," he says.

9:30-ish: Once practice is done, it's time to put away the kayak. At this time of the year the Burloak Canoe Club is full of children at summer camp. "They look at me and wonder, 'Who's this old guy?'" the 33-year-old Van Koeverden said.

10 a.m.: Sporting shorts and a T-shirt, van Koeverden drives to Whole Foods in Oakville for

breakfast. This is his reward for a hard morning of paddling. The cashier knows him, not as an athlete, but as a regular customer. Last Thursday he ordered a breakfast sandwich with a side of bacon, having given up his brief stint with vegetarianism. "I'm not obsessed with my diet, as most people are — non-athletes and athletes alike. It's the new religion, I think. There's being mindful and thoughtful

about what you eat, and then there's being like, proselytizing about what you eat, and blogging about what you eat, and taking pictures of your food constantly. I just think there's something wrong with that."

Afternoon: Van Koeverden goes to the gym about two to three times a week. At least once a week he goes for a jog, saying the highlight of his week was his Sunday morning run.

AVK's 3 Canadians to watch

BASKETBALL

"Basketball is one of the most accessible sports and you get an excellent cross-section of youth."

MARK OLDERSHAW, SPRING CANOEIST

"He just got married, had a pretty good world cup and he's our flag bearer. This is the 'Summer of Mark.'"

ANDRE DE GRASSE, SPRINTER

"What more do people look forward to than the 100-metre sprint?"



Adam van Koeverden trains at the Burloak Canoe Club in Oakville, Ont., on July 2. LIZ BEDDALL/METRO

ACCESSIBILITY

Build it and they will come, says Olympian

Melita Kuburas
Metro | Toronto

At 8 a.m. on a weekday in the summer, school's out and Adam van Koeverden's home canoe club is bustling with teenagers.

About a dozen of them with concerted faces paddle by in a war canoe — likely those who are striving to be champions. Others are likely just there to splash around because their parents want them to, but that's great too, van Koeverden says.

Van Koeverden, who studied cultural and socio-economic barriers to sports as part of his kinesiology program at McMaster University in Hamilton, Ont., recognizes that in most places in Canada, due to a lack of funding and infrastructure, kids don't have such easy access to sports equipment and facilities. That's something he hopes will change, in part thanks to large-scale events like the Pan Am Games.

"It takes a community to create a community sports program," he said. "It doesn't take just one person. It takes a lot — and the upkeep, and the sustainability of it is really based on people and their hard work."

But before you bring a group of people together to work towards a common goal, he said, you need a place for them to be: a facility. And that's why investing in sports infrastructure matters, he said.

His canoe club, formerly known as the Oakville Racing Club, was founded in 1974 by sprint paddler Bill Collins. It was established on an old sewage-treatment plant that the town no longer had any use for.

They've come a long way since then. The aquatics centres, gymnasiums, fields and bike parks built for the Pan Am Games are going to have a lasting impact on Toronto and the surrounding area, van Koeverden said, pointing to the Toronto Pan Am Sports Centre (TPASC) facility in Scarborough, which includes two Olympic-sized swimming pools, a running track and a diving program.

"As long as we install all the necessary infrastructure and resources post-Pan Am in that place, then I guarantee there'll be an Olympic swimmer from Scarborough," he said. "And if there's one Olympic swimmer, it means that there are 3,000 kids who are swimming. And that's the important thing."

On Americans who might consider going into paddling

I would tell them to go for a sport that offers scholarships and a paycheque.

On Pan Am's marketing

There aren't enough posters. Kinky Boots has more posters than the Pan Am Games.

On how we started paddling

My mom was concerned I was going to find trouble after school. Canoe club was her solution.



Adam van Koeverden, left, leads the Canadian delegation during the opening ceremony of the 2008 Beijing Olympic Games. Right: Van Koeverden shows off his Olympic silver medal after the London Games in 2012. GETTY IMAGES

HEALTH CANADA

New rules govern medical marijuana

Medical marijuana users can legally consume other forms of the drug beyond the traditional dried version under new Health Canada rules that follow a recent ruling by the Supreme Court of Canada.

The department says licensed medicinal marijuana producers can now produce and sell cannabis oil and fresh marijuana buds and leaves as well as the dried form.

But they'll have to comply with the same terms and conditions on dried marijuana including making sure the product is shipped in child-resistant packaging as well limiting the amount of the active ingredient in the drug.

Health Canada says while the courts require reasonable access to a legal source of medical marijuana, the government's position is that it must

be done in a controlled fashion to protect public health and safety.

The directive expanding access is the government's response to the top court ruling in June that expanded access to the drug.

The court said that limiting medical consumption to dried pot infringed the liberty protections of the Charter of Rights and Freedoms.

THE CANADIAN PRESS

Restricting medical access to (marijuana) to its dried form is inconsistent with the Charter ... Supreme Court ruling

VANCOUVER ISLAND

Orphaned bears remain in limbo

The fate of the two bear cubs spared by a conservation officer on northern Vancouver Island remains unclear.

B.C. Conservation Officer Service Insp. Chris Doyle says the cubs show signs of being habituated to humans and that animals that come into conflict with people are usually destroyed.

Conservation officer Bryce Casavant was suspended after he reportedly refused an order to euthanize the eight-week-old cubs last weekend.

The bears were orphaned when their mother was killed for breaking into a meat freezer inside a mobile home in Port Hardy.

The North Island Wildlife Recovery Association's Robin Campbell says the officer made



The orphans. THE CANADIAN PRESS

the right decision not to kill the cubs because they only came back to the property looking for their mother, are healthy and remain afraid of people — like normal bears. THE CANADIAN PRESS



FIRST NATIONS BLANKETED WITH GIFTS Environmentalist David Suzuki receives gifts from Chief Shane Gottfredson, left, and National Chief Perry Bellegarde at the Assembly of First Nations meeting in Montreal. RYAN REMIORZ/THE CANADIAN PRESS

Bar radicals from Canada: Senators

SECURITY

Training and certifying imams among suggestions

The federal government should outlaw membership in a terrorist group, bar radicals from Canada and look at forbidding the glorification of extremists to protect the Canadian way of life, a Senate committee says.

The Senate security and defence committee also recommends creation of a "wanted terrorist" list and urges the gov-

ernment to explore options for training and certification of imams in Canada.

In addition, it calls on the government to work with Muslim communities to create "an effective counter-narrative" to denounce the ideology of Islamist fundamentalism.

These are among 25 recommendations in the committee's interim report flowing from nine months of hearings on security threats facing Canada.

The report examines terrorist recruitment, operations, financing, prosecutions and other aspects of what it calls the genuine threat of violent extremism.

Canadians must tackle the

issue in a thoughtful, balanced way without undermining the values "that make us great," the report says. "Our goal is to lessen the risk to all Canadians, including the risk to vulnerable young Canadians who might be lured to extreme ideas and violent action."

The report represents the views of the Conservative majority on the committee, but lacks the backing of Liberal members.

"We cannot try to appease this threat that we face," Conservative Sen. Dan Lang, the committee chairman, said in an interview.

One recommendation takes aim

at groups that invite foreign nationals with extremist views to speak to impressionable youth. It urges the government to establish a publicly accessible list of "ideological radicals" deemed to be a security threat, prohibiting them from visiting Canada.

THE CANADIAN PRESS

We must find every resource ... to defeat a most uncivilized force.
Senate committee report

AMAZING FOSSIL

Wendiceratops is latest find in Alberta's dinosaur bone beds

Another new species of dinosaur with a bizarre and elaborate array of horns and shields on its face has emerged from the hills and hoodoos of southern Alberta.

"The rate of horned dinosaur discoveries in the last 10 years has probably gone up faster than any other group of dinosaurs," said David Evans, a paleontologist with the Royal Ontario Museum who describes the new creature in a paper published Wednesday.

"The number of species has about doubled in the last 15 years."

Last month, it was Regaliceratops peterhewsi — also known as Hellboy for the tiny horns over its eyes that resemble those of the comic book character.

Now, it's Wendiceratops pinhornensis, known to friends as Wendy and named after legendary Alberta fossil hunter Wendy Sloboda, who made the discovery in 2010.

Like other ceratopsians, Wendy had a large, six-metre body, three horns on its face and a large, frilled bony shield around it. At 79 million years old, Wendy's nose horn was sur-

prisingly big for such an early member of the family.

But in other ways, Wendy is reinforcing the current understanding of how social behaviour affected the evolution of ceratopsians.

"Horned dinosaurs were social animals," said Evans, pointing out that many of their fossils come from bone beds consisting of large numbers of individual dinosaurs. Wendy, whose skeleton is currently on display at the Royal Ontario Museum in Toronto, is actually a composite of 200 different bones from

at least four dinosaurs found in one of those beds.

Life in a herd means Wendy would have been subject to the social pressures of mating displays and holding off rivals, tasks for which horns are well suited.

Because the horns aren't involved in hunting or flight, their shape isn't limited by function, Evans said.

"If something's for display, it's not directly tied to getting food or outrunning predators. These features tend to be more variable and less optimized for their function." THE CANADIAN PRESS



Artist's rendering of new dino. DANIELLE DUFALT/THE CANADIAN PRESS



A wildfire blazes beyond a treeline in the La Ronge, Sask., area in this July 5 handout photo. Fires and smoke have forced about 9,000 people from their homes in more than 50 communities in the northern part of the province.

COREY HARDCASTLE/HO/SASK. MINISTRY OF ENVIRONMENT/THE CANADIAN PRESS

Soldiers help battle fires

SASKATCHEWAN

Foreign crews set to help further west

Soldiers began helping crews fight wildfires threatening communities in northern Saskatchewan on Wednesday, as other Western provinces called in help from foreign countries.

About 360 troops were out building fire guards and clearing brush near La Ronge and Montreal Lake.

Steve Roberts with Saskatchewan Wildfire Management said crews were making some progress and better visibility allowed aircraft to dump water on some flames.

He said the fire situation across Western Canada is so busy that it is a challenge for provinces to get enough firefighters.

"As we started down the road with these fires, Alberta and British Columbia fire hazards escalated, the numbers of fires increased and they had community evacuations as well," Roberts said.

"That has stretched the avail-

ability of resources across the country."

Flames and thick smoke have forced an estimated 9,000 people from their homes in Saskatchewan. Crews from Quebec, Ontario, Newfoundland, New Brunswick and South Dakota have been helping out.

Roberts said the province was in discussions the United States government about the possibility of more crews coming north.

The La Ronge First Nation was also seeking volunteers to help fight fires, including evacuees.

The Canadian Interagency Forest Fire Centre, which co-ordinates firefighting services for the provinces, territories and Ottawa, said Canada may have to seek more help from abroad.

The latest report on the agency website said the wildfire hazard is extreme and major wildfires "have the potential to exhaust agency fire resources nationally."

"International mobilization of resources through international co-operators is likely," reads the website. "National resource levels are insufficient to meet occurring and anticipated wildland fire activity." THE CANADIAN PRESS

WILDFIRES

Ontario sends firefighters, equipment to B.C.

Big hills and bigger mountains are the most significant differences confronting a team of Ontario firefighters as they prepare to start work in British Columbia.

The group of 70 firefighters, sent to B.C. by Ontario's Ministry of Natural Resources earlier this week to help combat wild land fires, are facing a much different terrain than their usual Ontario landscape.

"The biggest difference is the

topography, mountains, valleys, a lot of hills in British Columbia (compared to) relatively flat in Ontario," Fred Welch, a program co-ordinator for the ministry, said from Edmonton.

The geography creates challenges for the team, including fatigue, but Welch says it's not a problem.

"Our crews are well-versed in working in other provinces; we've been there a number of times," Welch said. "When we go

to other provinces, we're made aware of their safety policies and procedures as well of our own."

The Ontario team will get assistance from B.C.'s fire management officials, including detailed briefings, and the pairing of staff from Ontario with local firefighters to help them get going, he says.

B.C. requested the help through the Canadian Interagency Forest Fire Centre, which sends firefighters and equip-

ment across the country when needed.

Ontario also sent two CL-415 heavy water bombers, a Birdog aircraft and seven aviation personnel, according to Debbie MacLean, a spokeswoman for the Ministry of Natural Resources.

The deployment to B.C. comes as wild land fires rage across parts of western Canada, including Saskatchewan, Alberta and the Northwest Territories.

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IN BRIEF

B.C. Premier to get peek at wildfire base near Whistler

British Columbia Premier Christy Clark is visiting a community north of Whistler on Wednesday to get a closer look at the one of the province's largest wildfires.

Clark will be in Pemberton, which is 67 kilometres east of the Elaho fire, a 200-square-kilometre blaze that was sparked by lightning and first discovered on June 14.

Fire information officer Kevin Skrepnek said nearly 190 fires were burning around the province, with 31 new ones starting Tuesday.

Kurtis Isfeld of the BC Wildfire Service said he predicts about 30 wildfires will erupt every day, and officials have begun prioritizing them based on human life and safety, property, critical habitat and timber.

THE CANADIAN PRESS



Greece asks Europe for three-year aid program

ECONOMIC CRISIS

Government races to draft new reform proposal

Greece requested a new three-year rescue program from its European partners on Wednesday and rushed to complete a detailed plan of economic reforms in time to avoid the country's descent into financial chaos.

With the banking system teetering on the edge of collapse, the government sought to reassure its European creditors that it would enact tax and pension reforms quickly in exchange for loans from Europe's bailout fund, the European Stability Mechanism.

In its formal request to tap the fund, the Greek government said it would "immediately implement a set of measures as early as the beginning of next week."

After months of fruitless negotiations with the Greek government, the skeptical European creditor states have said

+ BACKGROUND

Greek Prime Minister Alexis Tsipras said Greece's troubles predated his arrival in office in January and condemned the "austerity experiment" his country has endured over the past five years that he blames for spiraling unemployment and poverty.

THE ASSOCIATED PRESS



Greek Prime Minister Alexis Tsipras, left, is welcomed as he arrives at the European Parliament in Strasbourg, eastern France, on Wednesday. JEAN-FRANCOIS BADIAS/THE ASSOCIATED PRESS

they want to see a detailed, cost-accounted plan of the reforms by Thursday. That is meant to give the creditors enough time to review the plan before leaders of the European Union's 28 countries meet on Sunday in what has been termed as Greece's last chance to stay in the euro.

In the letter, the Greek government said it was aiming to be able to finance itself once the new aid program is over in three years.

Without a deal, Greece faces an almost inevitable collapse of the banking system, which would be the first step for the



Guarded optimism is the theme today, as the eurozone gives Greece one final deadline.

Chris Beauchamp, senior market analyst at IG

country to fall out of the euro.

Markets are holding up despite the apparent ultimatum, with many investors predicting a last-minute deal. The Stoxx 50 index closed up 1 per cent.

"Guarded optimism is the theme today, as the eurozone gives Greece one final deadline," said Chris Beauchamp, senior market analyst at IG in London.

Prime Minister Alexis Tsipras,

addressing lawmakers at the European Parliament, said his country is seeking a deal that would bring a definitive end to his country's financial crisis. Greece has had two bailouts from its European partners and the International Monetary Fund since May 2010, totalling 240 billion euros (\$260 billion).

"We need to ensure the medium-term funding of our country with a development

and growth program," Tsipras told lawmakers in Strasbourg, France.

The head of France's central bank said he feared the "collapse" of the Greek economy and "chaos" if Greece doesn't strike a deal by Sunday.

In unusually strong language, Christian Noyer told Europe-1 radio he predicted "riots" in Greece if no deal is reached.

He also indicated the European Central Bank would effectively pull the plug on its emergency liquidity measures for Greek banks if no deal is struck.

Greece's main business and tourism associations predicted an "explosion of unemployment" if no deal is reached.

Tsipras insisted he has "no hidden agenda" to drive Greece out of the euro and that last Sunday's referendum result, in which voters soundly rejected a previous creditors' reform proposal, does not mean a break with Europe.

Applause rose from left-wing quarters in the EU Parliament when Tsipras said aid to Greece only helped out banks, not ordinary Greeks. A few called for compromise.

The head of a conservative group in the parliament, Belgium's Guy Verhofstadt, said he was "furious" at Tsipras' failure to spell out specifics of his reform plans.

In Greece, meanwhile, people were struggling with an eighth day of limits on money withdrawals and closed banks. Greeks cannot take out more than 60 euros (\$67) a day from ATMs and are unable to send money abroad, including to pay bills or to stock their businesses, without special permission.

THE ASSOCIATED PRESS

HUNGARY

Posters parody 'hate' ads

Hundreds of crowd-funded derisive billboards with messages like "Sorry for our prime minister" and "Come to Hungary, we've got jobs in London" have been plastered across the country to counter the Hungarian government's anti-immigration campaign.

Gergely Kovacs, president of the humorous Two-Tailed Dog Party, said Wednesday that over 7,000 people donated 33.3 million forints (\$115,000) for the campaign organized jointly with Atlatzo.hu, a group of investigative journalists.

"We would like to offset the government's hate campaign," Kovacs said while standing near a billboard saying "I survived the Hungarian anti-immigration campaign!"

"The main issue is the (government's) way of spending our money on a campaign that tells us who to hate and why," he added.

Facing an unprecedented number of migrants and refugees — 73,000 so far this year — Prime Minister Viktor Orban's government rejects most economic immigrants and has put up billboards with slogans like "If you come to Hungary, you cannot take Hungarians' jobs."

It has also sent out questionnaires to voters linking migrants to terrorism and criticizing the European Union's migration policies.

Last week, the government said it would soon start work on a four-metre-high fence on the border with Serbia to stem the flow of migrants.

Government spokesman Zoltan Kovacs charged the mocking campaign with being "irresponsible" and supporting illegal immigration.

THE ASSOCIATED PRESS

MIDDLE EAST

Hit Saudi TV show mocks extremism

A new television program has become a hit in the Arab world by mocking some of the region's most serious issues, from the intractable Sunni-Shiite divide and religious extremism to the brutality of militants like the group Islamic State of Iraq and the Levant (ISIL).

The show, "Selfie," has also brought a backlash. ISIL sympathizers have made death threats against its Saudi star and top writer on social media. One mainstream Saudi cleric denounced

the show as heresy for mocking the country's ultraconservative religious establishment. That has made it the buzz of the current Muslim holy month of Ramadan, which is the peak television viewing season in the Middle East.

Naser al-Qasabi, the series' star, and its writer Khalaf al-Harbi said that they expected the backlash, but weren't prepared for the popularity. It's one of the top shows on MBC, the privately owned Saudi network that airs "Selfie." THE ASSOCIATED PRESS

IN BRIEF

Teen rescued from falls

Three people had to be rescued after their canoe plunged over a waterfall on the U.S.-Canada border in northern Minnesota, including a teenage boy who was airlifted to safety after spending hours in the water trapped under a log. Police received a call around 1 p.m. Tuesday about the incident on the Upper Basswood Falls and it took over four hours for rescuers to reach and free the boy. The falls have a drop of up to 10 metres. THE ASSOCIATED PRESS

UNITED STATES

South Carolina still debating removal of Confederate flag

The South Carolina House opened what could be its final debate over the Confederate flag Wednesday, deliberating a proposal that might remove the banner from the Capitol grounds before the end of the week.

The House is under pressure to act after the state Senate passed its own measure, which is supported by Gov. Nikki Haley. But some Republicans proposed changes to the Senate bill that would preserve some kind of symbol in front of the Statehouse

to honour their Southern ancestors.

Lawmakers who want to bring down the flag are fighting the proposals because any change to the Senate bill could delay by weeks or months the flag's removal, perhaps blunting momentum that has grown since nine black churchgoers were killed last month during Bible study at a historic African-American church in Charleston.

The House rejected four amendments to the Senate bill.

All of them would take down the flag. One would have planted the state flower — yellow jasmine — where the flag currently flies on a flagpole by a monument to Confederate soldiers. Another would have set up a display case of historical flags by the monument.

Opponents of removing the flag talked about grandparents who passed down family treasures and lamented that the flag had been "hijacked" or "abducted" by racists.

THE ASSOCIATED PRESS

First accuser not in show biz

BILL COSBY

Andrea Constand defies Cosby's narrative

Bill Cosby has painted many of his accusers as star-struck gold-diggers — aspiring models and actresses trying to shake him down to get ahead in Hollywood.

Yet the first woman known to have told police she was drugged and violated by the comedian was a college basketball administrator in Philadelphia who initially asked only for an apology from the man she regarded as her mentor and friend.

Andrea Constand — whose 2005 lawsuit produced damning testimony from Cosby that was released by a court this week — stands out among the dozens of women who later accused the comedian of sexual assault, and not just because she helped set off the torrent of allegations

that have shattered his nice-guy image as TV's Dr. Cliff Huxtable. Constand was not in show biz and had not been exposed to the 1970s-era sex-and-drug scene in Las Vegas and Hollywood. In 2004, she was a former college athlete whose childhood dream had been to become the first Canadian woman to play professional basketball.

"She's a person of integrity, and if there is a wrong, she's going to stand up for it and do the right thing and be a leader," said Joan Bonvinci, who was her coach at the University of Arizona, where Constand helped lead the team to victory in the 1996 National Women's Invitational Tournament.

A decade ago, Constand, then 30, was finishing a third year as operations director of the Temple University women's team and thinking about leaving the sport.

Constand had met Cosby, Temple's most famous alumnus and sports fan, in 2002 and frequently socialized with him, sometimes at dinner parties and

sometimes alone, at restaurants or his large suburban home. He invited her for one such dinner on Jan. 4, 2004, to offer her career advice, according to court papers.

According to her account, Constand described how stressed she was about the career decision, and Cosby gave her three pills to help her relax. She took them with water and thought they were herbal supplements, according to her lawsuit.

She said she woke up the next morning feeling sore, with her clothes askew and a vague memory of being fondled.

Cosby, questioned under oath, identified the pills as the cold and allergy medicine Benadryl — something Constand's lawyer doubts would have left the six-foot Constand "semi-conscious" on a couch until 4 a.m.

She disclosed the encounter to her parents in January 2005. She and her mother called him to demand an apology, which they got, according to the lawsuit. THE ASSOCIATED PRESS



DISNEY WORLD BILL COSBY STATUE REMOVED Local news outlets reported that Walt Disney World officials removed a bust of actor and comedian Bill Cosby from display at Hollywood Studios theme park in Orlando, Fla. late Tuesday. The removal came after court documents unsealed on Monday revealed that Cosby testified in 2005 that he obtained Quaaludes with the intent of giving them to women with whom he wanted to have sex. PATRICK MAIRS/THE ASSOCIATED PRESS

IN BRIEF

Detroit-area police hunt for big-time nut robber

Police in suburban Detroit are having a little fun while asking for help from the public in figuring out who swiped roughly 28,000 pounds of packaged nuts.

The Shelby Township Police Department says a truck and trailer packed with 18 pallets of walnuts and other snack nuts were taken the weekend of June 27. Police say the truck and trailer were found July 1 in Detroit, but the nuts worth more than \$128,000 were gone.

The department on Tuesday issued an appeal for information on its Facebook page — posting a mug shot of a squirrel along with details of the case.

THE ASSOCIATED PRESS

Woman arrested after calling 911 to complain about Chinese food order

An Ohio woman has been arrested after calling 911 to complain about an order of Chinese food.

Police say the 44-year-old woman called the emergency number Monday afternoon to say the Chinese food she'd ordered from a local restaurant was "not up to par for her liking."

After police determined the woman had no real emergency, she was arrested and charged with misuse of 911, a misdemeanor.

She's scheduled to appear in court this week.

THE ASSOCIATED PRESS

INDIANAPOLIS, IN

Pot-smoking church claims laws infringe on beliefs

A pot-smoking church is suing the city of Indianapolis and state of Indiana, claiming laws against possession and use of marijuana infringe on its religious beliefs.

The First Church of Can-

nabis was formed as a test of Indiana's new religious objections law. The church filed its lawsuit Wednesday in Marion Circuit Court. The defendants include Gov. Mike Pence.

The lawsuit claims church

members believe marijuana "brings us closer to ourselves and others. It is our fountain of health, our love, curing us from illness and depression."

There was no marijuana during the church's first service

July 1, which was observed by more than 20 police officers. Local officials had threatened arrests if marijuana was present.

Indiana's law sparked protests and boycott threats this

spring amid concerns it could provide a legal defence to discriminate against gays, lesbians and others. Lawmakers later revised the law to address those concerns.

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Fit tracker interest wanes

HEALTH

Sales are strong for devices like Fitbit, but users lose enthusiasm

Deepak Jayasimha's fitness tracker is now with his father-in-law in India, where it sits unused. Annabel Kelly foisted hers off on the kids. Virginia Atkinson took hers off to charge the battery and hasn't picked it up since February.

Although sales of Fitbit and other fitness trackers are strong, many of their owners lose enthusiasm for them once the novelty of knowing how many steps they've taken wears off. One research firm, Endeavour Partners, estimates that about one third of these trackers get abandoned after six months. A health care investment fund, Rock Health, says Fitbit's regulatory filings suggest only half of Fitbit's nearly 20 million registered users were still active as of the first quarter of 2015.

"The question for investors is how long the market will



Sales for fitness trackers such as Basis Peak, Adidas Fit Smart, Fitbit Charge, Sony Smartband and Jawbone Move have been strong, however one research firm says one-third of users lose enthusiasm for them after six months once the novelty wears off. BEBETO MATTHEWS/THE ASSOCIATED PRESS

continue to grow at this rate, and whether Fitbit can execute on growing engagement before ... the number of devices sold per year reaches saturation," Malay Gandhi, a managing director at Rock Health, wrote on a blog.

Abandonment affects all manufacturers of fitness trackers, which are relatively cheap at about \$100 and are com-

The question for investors is how long the market will continue to grow at this rate.

Malay Gandhi, Rock Health managing director

monly given as gifts. Fitbit gets the spotlight because it started trading publicly last month and has 76 per cent of the U.S. market share by revenue, up from 64 per cent a year earlier, according to the NPD Group.

Investors and analysts are bullish on Fitbit's prospects. Its stock value has more than doubled since the initial public offering. Analyst William

Power at Baird Equity Research said Fitbit had room to grow worldwide, as only a quarter of its revenue came from outside the U.S. last year. Power also wrote that Fitbits remain popular among employers and insurance companies looking for ways to keep people healthy. Fitbit is also profitable, earning \$132 million last year on revenue of \$745 million.

The company's market valuation of \$8.6 billion is high compared with earnings so far, which could point to enormous growth potential — or simply overvaluation.

Fitbit now has competition from Apple Watch and other smartwatches that do what fitness trackers do and more, such as showing news updates and boarding passes for flights.

If people aren't using their trackers, they won't recommend them to friends and family or upgrade when a new model comes out, said Dan Ledger, an analyst at Endeavour Partners. They also won't pay for premium subscription packages, a potential growth area for Fitbit.

Fitbit had no immediate comment. THE ASSOCIATED PRESS

IN BRIEF

Sherson Group files for bankruptcy protection

Shoe distributor Sherson Group Inc., which operates Nine West retail stores in Canada, has filed for bankruptcy protection with the Ontario Superior Court.

Court documents say the Toronto-based company owes \$32.2 million to more than 60 different suppliers, lenders and businesses.

Included on the list is \$4.7 million owed in loans to the Bank of Montreal and \$19.1 million to Nine West Group Inc., the New York-based company which licenses its name to Sherson Group. THE CANADIAN PRESS

market minute

	DOLLAR	78.49¢ (-0.18¢)
	TSX	14,412.07 (-212.43)
	OIL	\$51.65 US (-\$0.68)
	GOLD	\$1,163.50 US (+\$10.90)

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STOCK MARKET

Technical glitch forces early morning closure of NYSE

It was already a tough day in the market when the unexpected hit. The New York Stock Exchange (NYSE) halted trading late Wednesday morning because of technical trouble.

The outage came as traders had plenty of other things to worry about. Concerns about China's plunging stock market and a logjam in talks between Greece and its creditors weighed on the mood. Major indexes were already falling before the shutdown, which occurred shortly after 11:30 a.m. eastern time. NYSE resumed trading at 3:10 p.m.

The exchange didn't say what caused the malfunction but de-

It's disruptive, but not wildly disruptive.

Tom Caldwell

scribed it as internal and not the result of hackers.

The broader stock market stayed open as orders to buy and sell kept flowing to the Nasdaq and other exchanges around the country.

Tom Caldwell, who runs an investment firm with stakes in several exchanges, said there are some 60 exchanges and trading venues that can take

orders when one goes down, so investors shouldn't get rattled.

"It's disruptive, but not wildly disruptive," said Caldwell, chairman of Caldwell Securities.

U.S. President Obama was briefed on the situation, according to White House spokesman Josh Earnest. Officials told the president there were no malicious actors involved.

U.S. markets have been dogged by technical problems over recent years as more trading is handled by computers. In May 2010, the Dow plunged hundreds of points in minutes in an incident that later became known as the "flash crash."

THE ASSOCIATED PRESS

FORESTRY

Sector rebound won't offset job loss

Canada's wood products sector is expected to enjoy a recovery through the rest of the decade but the turnaround won't replace all of the 50,000 jobs lost since the downturn, industry observers said Wednesday.

The recovery in U.S. housing construction and a weaker loonie is driving much of the improvement and should offset

a cooling Canadian housing market and the possibility of softer demand from China, according to a study published by the Conference Board of Canada.

Unifor, the union that represents forestry workers, agrees the trends are positive, but says policies allowing unprocessed logs to be exported are hurting job creation.

Union official Scott Doherty said only about 10,000 of the up to 50,000 jobs that disappeared following the 2008 financial crisis have returned. The Forest Products Association of Canada says the national industry hopes to hire 60,000 people, including more women, aboriginals and new Canadians by the end of the decade. THE CANADIAN PRESS



URBAN ETIQUETTE: ELLEN VANSTONE



THE QUESTION

**Is there a 'side' to sidewalks?
And other foot-traffic dilemmas
solved, just in time for summer
tourists or Pan Am crowds to hit the
streets near you.**

Wyndham Lewis, in his 1954 novel *Self Condemned*, famously called Toronto a "sanctimonious icebox." But Lewis was a notorious misanthrope who also said, "It is more comfortable for me, in the long run, to be rude than polite" — so you can guess what I think of him.

The point is that present-day Toronto, like all cities across Canada, is a much friendlier burg than the dull, mainly Anglo-Saxon centre he once despised. And now is the chance to prove it while Hogtown hosts some 250,000 visitors expected at the Pan Am Games from July 10 to 26.

Yes, the invading hordes are bound to test our patience as they clog up pedestrian thoroughfares with their rubbernecking, sight-seeing, dawdling ways. But it's also a perfect opportunity to show off our Canadian politeness — and for me to remind you, dear reader, on proper pedestrian behaviour. Herewith, a refresher course on the basic rules of street etiquette.

Is there a "side" to sidewalks?

People generally keep to the right, but all bets are off when dealing with strangers from strange lands where our right-of-way rules might not apply. When faced with oncoming meanderers, do a quick shoulder-check, step aside and let them pass. If you and your companion favour an old-fashioned approach, walk on the curbside if you're male, a tradition that once saved ladies' dresses from mud-splattering vehicles.

Slow walkers

Few things are more frustrating than being stuck behind a gaggle of molasses-waders when you're in a

hurry. But it's perfectly all right to pass — as long as you do it without elbowing anyone aside.

Close walkers

Don't walk too closely behind anyone, breathing down his or her neck. If they stop suddenly, it's your neck that will suffer when you collide and go flying. This goes double at night, when close walking behind

checking for oncoming foot traffic. It's always tempting to "accidentally" bump into them, ensuring they'll think twice next time they fail to merge properly. But to do so would be passive-aggressive, which is the worst kind of rudeness.

Cellphone addicts

Everybody knows that texting while driving is dangerous. It's also ill-advised while

it overly quaint. If your companion is older, however, it's always more polite — regardless of sex — to offer them the near-side door and then schlep to the far side so they don't have to slide across the hot, sticky seat to make room for you.

Entering and exiting store doors — who has the right of way?

Short answer: no one. Well-mannered folk will let the other person through regardless of direction, though admittedly there's a risk of getting stuck when you hold a door open for one person and 20 more follow. At some point, you may gracefully hand off the door to some other paragon of politeness and slip through a gap — as long as you don't slam the door in anyone's face while you're at it.

Revolving doors

It will surprise some readers to learn that a gentleman traditionally goes through first, a holdover from the days when women were deemed too weak to push the heavy mechanism themselves. The same rule applied to going down steps or exiting a plane, train or bus: if the lady tripped on her petticoats, the man in front would provide a cushion to her fall. Nowadays, it doesn't matter which gender takes the lead — as long as you don't cut anyone off.

Most importantly, be nice

The best advice comes from Emily Post, who wrote the book on manners in 1922. Some of her dictates were ridiculous ("Ladies should carefully avoid ... all undue liveliness in public"). But her overall rule is still absolutely relevant: Never do anything that is unpleasant to others.

CARTOON BY ANI CASTILLO



Yes, invading hordes are bound to test our patience. But it's also a perfect opportunity to show off our Canadian politeness.

people, especially women, makes them feel threatened. The proper procedure in the dark is to speak up ("Hey, don't be alarmed — I'm just passing on your left") as you make a wide berth around them.

Stopping for no reason

This is my pet peeve — people who stop at the top or bottom of stairs while the rest of us pile up behind them, or those who languidly exit a store without

walking on a busy street. Staring at your phone as you blunder down the sidewalk or cross an intersection is asking for a collision.

Getting into a car or cab

Traditionally, the man opens the door for the woman before going around and getting in the other side. As a modern feminist, I never resent the old-fashioned gesture, but it's not de rigueur, and it's an outright faux pas if the woman finds

ROSEMARY WESTWOOD

metroview

Great adventures make great stories: Balloon man proves it

Now there's a story.

A man sits in a plastic lawn chair attached to 100 helium balloons and floats over the Calgary Stampede grounds, in a bid to earn more business for his cleaning company by landing in the middle of the chuckwagon races.

The winds pick up, he's getting pulled off course (not that he has any contraption to keep him on course; he's on a lawn chair). As the balloons lift him higher and higher, he opts for plan B, jumps, uh, chair, and pulls chute.

Descending with a parachute, he escapes with a rolled ankle and a mischief charge. There were hundreds of thousands of people below this guy, police told the newspapers. "The last thing we want to see is anybody injured."

Or to translate: "The last thing we want to see is anybody do anything interesting." Police, our uniformed spoilsports.

But I'm with balloon man, aka Dan Boria, on this one: "It was the most fun thing I've ever done."

And it's the best "This one time..." story I've heard in awhile. The kind of story that you recount in your 80s to pick up ladies at the retirement home. The kind of story your kids tell your grandkids.

You know what doesn't

make the memory books? Always following the rules.

My parents are in town for a visit. I wouldn't call them daredevils, but then you get Dad talking about the time he sailed the Atlantic and hitchhiked across Europe.

There were the nights he figured out how to unlock London's double-decker buses, and sneaked in for a good sleep. There was the time he rescued his scooter from a mechanic's lot in France. He used to build his own boats (using his mum's best sheets).

When you're older, and the days pass with more mirrored regularity, and maybe you've lost the youthful gall to fly by helium balloons, the best things you've got are the stories of your life.

I'm already afraid for how boring I'll be. CBC Radio's *Definitely Not the Opera* is always looking for story submissions. "When did being mistaken for something you're not let you discover who you really are?" or "When did a musical instrument change your life?" or "Tell us your stories about body art!" The questions arrive every week by email. And every week, I've got nothing.

So, I clearly need to up my story-game, and I think I could take inspiration from Boria. Especially the part where he lives to tell the tale.

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PHILOSOPHER CAT
by Jason Logan

WHEN THERE IS AN INCOME TAX, THE JOY MAN WILL PAY MORE AND THE UNJOY LESS ON THE SAME AMOUNT OF INCOME.



H2-whoa



ACCESSORIES

Plastic water bottles are so '90s — invest in one of these beauties

Melissa Dunne
For Metro | Life



The It Accessory of Summer 2015 isn't a beach bag, or a pair of sunnies or cute sandals — it's a reusable water bottle.

Yes, the lowly utilitarian item's time has finally come again. Not that long ago, people didn't carry water around with them everywhere they went (I know, wild, right?).

Then, at some point in the '90s it became tres passé to carry around bottled water, you know, because of the environment. Nat-

gene bottles were all the rage, for a while. But plastic bottles, whether one-time use or reusable, really went out of style when there was a groundswell of worry over BPA in the late 2000s.

Enter S'well et al. While people were so over plastic (though many are now made BPA-free), there remained a thirst for bottles that are safe and stylish. Reusable bottles that keep your drinks cold are so cool right now, they are being featured in the likes of Vogue. The fashion bible featured a black S'well bottle in a list of items to put in a Céline Curve bag. We say save yourself about \$2,356 for the cost of that It Bag and buy yourself an It Bottle instead. While the S'well bottle is a hefty \$39.50 for the 500 ml, you'll quickly make your money back filling your bottle with tap water, rather than buying one-time use bottles for a few bucks a pop.

Here are some of the most stylish bottles for sale this summer:



S'WELL

These stainless-steel bottles come in a rainbow of sizes and colours, from Pink Satin to Teakwood. Get one to match every outfit. Swellbottle.com. \$39.50 for a 500 ml bottle

ASOBU

The Flavour It 2 Go bottle is BPA free and lets you add in fresh fruit to the built-in infuser. asobubottle.com. \$13 for a 590 ml bottle

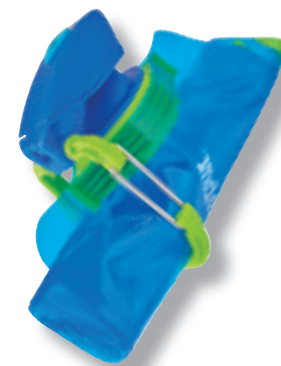


BKR

The glass and silicone bottles come with quirky names, such as the Lolita in opaque blackberry. mybkr.com. \$33 for a 500 ml bottle

VAPUR

The Anti-Bottle bottle is perfect for the fit fashionista, it stands upright when full and flattens when empty, so you can stash it away (not that you'd want to). vapour.ca. \$16 for a 1 L bottle



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Warner is here to remind you

CANADIAN MUSIC

Music journalist examines four chart-toppers

BOOKWORM

Sue Carter



Twenty years ago, Alanis Morissette stormed onto the music scene with Jagged Little Pill. At the time, the album was considered loud, shockingly honest and “unladylike” — a perfect anthem for a generation of disenfranchised young women who previously felt they had no voice.

The album’s anniversary this June time-travelled fans back to the mid-1990s. Jagged Little Pill made a quick two-week re-appearance on Billboard’s Top 200 album chart.

Across Canada, there have been tribute nights and lots of media analysis of the continued emotional resonance of Morissette’s work.

Like so many fans, Vancouver



Andrea Warner

Andrea Warner’s latest book, *We Oughta Know* (inset), looks at women on top. CONTRIBUTED

music journalist Andrea Warner, 16 when the album was released, felt empowered by its frankness.

Her debut book, *We Oughta Know: How Four Women Ruled the ‘90s and Changed Canadian Music*, examines, from a feminist’s perspective, the careers, successes and controversial media



personifications of Morissette, along with fellow superstars Shania Twain, Sarah McLachlan and Céline Dion.

When Toronto publisher Eternal Cavalier approached Warner, an associate producer with CBC Music, to write a book, she already had a kernel of an idea.

On sales tracker Nielsen SoundScan, she discovered the four women (all wildly successful by their mid-20s) are among the Top 10 bestselling musicians in Canada. Dion is first place.

To put this in context, the Beatles are at No. 8.

“It made me take stock of the

music industry in Canada, and it gave me pause to take stock of my life,” Warner says.

“I thought, ‘Oh my God, these four women have been part of my existence in such a strange, almost fairy godmother/evil step-mother kind of way for so long.’”

Although Warner connected with Morissette’s raw anger and with McLachlan’s poetics — the book includes an emotional essay about how McLachlan’s album *Rarities*, *B-Sides and Other Stuff* helped Warner through the death of her father — her relationship with Dion and Twain was more complex.

As a teen, she dismissed Dion as a saccharine pop diva under the spell of her manipulative manager-husband, and Twain as nothing more than a talentless country-crossover Barbie.

“All of these things I ever said about Céline Dion and Shania Twain are completely complicit with preserving sexism and misogyny, and upholding all these

horrible things I’m supposedly against,” Warner says. “It made me take a look at myself and the worst parts of my personality.”

Warner also takes her profession to task, devoting a chapter to the more egregious examples of sexist music journalism, in which the women are referred to, among other terms, as “pin-ups,” “angry young wom(e)n” and “fragile young flowers.”

Ultimately, as Warner sug-

gests, you don’t have to be a Titanic fan to appreciate Dion’s vocal range or to critique Twain’s music without referencing those early bare-



These four women have been part of my existence ... for so long.

Andrea Warner

midriff years.

“I think it’s so important to pick apart how we build our belief structures,” Warner says. “Maybe it’s not even about feminism and sexism, but why do we love the things we do? Why do we think something is good versus bad, and how does it feed into what we think is good or bad taste?”

MUSIC

Pharrell found a star in Yates

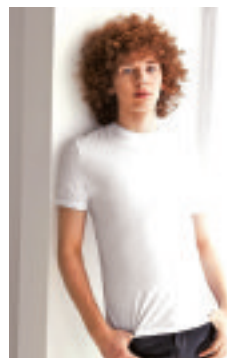
Nineteen-year-old Francesco Yates has recently been dispatched on his first tour of promotional duty in support of his upcoming Pharrell Williams-produced debut EP. And already certain questions have been pitched his way with such regularity it feels like batting practice.

What’s the deal with his halo of frizzy curls? What’s Pharrell like? And the question that Yates himself believes he receives most often: What’s the inspiration behind his shimmying, ‘70s-re-calling dance-pop? Inconveniently, that’s also the question he finds most difficult to answer.

“One thing I will say about the inspiration is I can’t control it. It can come anywhere and any time. I can’t sit down to write a tune,” said Yates.

Yates was fascinated by music in his youngest years growing up in Scarborough, just east of Toronto, attending a “rock camp” at 11 and landing a high-profile manager in high school. His association with Pharrell started soon afterward, and the visionary Neptunes producer’s signature sound is echoed by Yates’ groovy early singles *Call*, *Better to Be Loved* and *Nobody Like You*.

His debut EP — co-produced by Williams and Robin Hannibal — will be out Aug. 21. He’ll also perform as part of the Pan Am Games’ Panamanian on July 25.



Francesco Yates HANDOUT

What do you think Pharrell saw in you?

He wanted to do something different with me. I wanted to do something different with him as well.

He said that I hadn’t played my electric guitar on any of my projects. He made me more comfortable to do so.

How did you wind up playing guitar on his song *Gust of Wind*?

We were walking to the elevator of Jungle City Studios one lonely night and he was getting into the elevator to leave, and he said: “Oh yeah, you should do this guitar part with —” and then the elevator closed before he could finish.

So I had to now go back and go: “Oh man, I hope I know what he was talking about.” I could only go off what he had done — the Daft Punk stuff — so I decided to give it that flavour.

Luckily, he kept it on the record.

Kanye tweeted Skateboard P is the God recently (referring to Williams).

He is the God. I will say that it was crazy to see the God that everyone talks about, but it was also crazy to see the human being.

I was so privileged and so happy to see him in a normal light. I saw him with his wife and his kid. I saw him talk about real things and I got to see both sides of him.

He is a really, truly down-to-earth person. Probably one of the nicest people in the business.

Will you stick around in Scarborough, and if not, what will you miss?

I’m getting heavily into production; I have all the toys. And there’s a certain esthetic coming from Scarborough that can’t really be duplicated.

I think I’m going to keep my base here in Toronto.

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At Paris Fashion Week



ALL PHOTOS: GETTY IMAGES
AND THE ASSOCIATED PRESS

RAF SIMONS

Dior's time machine

In a surreal garden setting, Dior designer Raf Simons wove his creative needle in and out through different centuries. That produced an imaginative time-travel of a couture show, which riffed on the styles of the Flemish Masters, the Middle Ages and the Renaissance.

The large fruit props on the runway conjured up scenes from historic still-life oil paintings.

Long diaphanous column silhouettes in chiffon, like medieval undergarments, floated by elegantly alongside gowns with high-cinched waists and wide, billowing sleeves that mirrored the old Flemish styles. Some bejewelled net gilets were worn on the torso, evoking chainmail in a beautiful touch.

The sense of chic time-travel was further heightened with delicate dots and patterns on the fabrics — designs that evoked the French Impressionists and the technique of Pointillism associated with artists like Georges Seurat. The coats were the highest point of this strong collection, with one standout: a flame-red coat with beautifully large tubular cuffs.

THE ASSOCIATED PRESS

BERTRAND GUYON

Schiaparelli evokes the '30s

Celebrity guests including Meg Ryan were swept away to the glamour of 1930s theatre life at Bertrand Guyon's debut collection for Schiaparelli.

And what better a setting than to start exploring the theatricality of the great couturier Elsa? Famed for inventing shocking pink and having collaborations with Surrealists like Salvador Dali, Coco Chanel's hated rival Schiaparelli was one of the greatest and most colourful Parisian designers of the '20s and '30s. The house was recently revived.

In an impressive recreated theatre, Guyon's models hearkened back to another era. Fastidiously embellished '30s Orientalist satin jackets had softly square shoulders. Silk "jabot" collars and voluminous "Duster" coats wafted by with exaggerated pockets, alongside bejewelled eye, star and key lock decorations.

Guyon even referenced the mania for Grecian looks in Schiaparelli's heyday in a couple of diaphanous column dresses with flashes of gold.

Not all the theatrical exuberance worked, especially one overly clashing multicoloured mink coat. But Guyon is certainly moving the house in a welcome, more coherent direction since the departure last year of designer Marco Zanini. THE ASSOCIATED PRESS

KARL LAGERFELD

Chanel's 3D quilting and '80s shoulders

Karl Lagerfeld, 81, says the secret to feeling young is always looking to the future. Nothing demonstrated this better than Chanel's bright, high-tech couture show that featured Coco Chanel's famed skirt-suit jacket made via 3D printing.

"I like the idea of taking the most iconic jacket of the 20th century and turning that into an object that was impossible to make when that jacket was invented," explained the couturier.

The quilted jackets were completely seamless and seamstress-less — created by feeding Lagerfeld's sketches into a computer program.

A 1980s flavour lingered in the air for fall-winter in a largely black-and-white show, with oversized truncated jackets, large square shoulders, epaulettes and dramatic lapels.

The shoes were a standout — backless stilettos with a split tongue on the front that Lagerfeld compared to "airplanes children make with folded paper."

The 67-piece-strong collection mainly played it safe, but designs frothily loosened up toward the end, with tailoring that harked to the fizz years of the '20s. Feathered fringing adorned loose, long cocktail dresses, evoking the famed "Flapper" era.

Meanwhile, modernized '20s "bob" wigs

— worn in identical form by all models — also mirrored this era, giving the collection a homogenous, fem-bot feel that riffed off of the futuristic 3D printing.

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FASHION

Lamar collabs with Reebok on sneakers with soul

One of the hottest and most critically acclaimed rappers of the moment has designed a pair of Reebok sneakers that he hopes will promote peace among L.A.'s gangs.

Lamar signed a partnership deal with Reebok in 2014 and his first set of sneakers will be called the Kendrick Lamar x Reebok Ventilator.

When they go on sale later this month the shoes will carry a multi-coloured message that promotes peace, particularly among the Crips and the Bloods, the two rival gangs that influenced Lamar's childhood growing up in Los Angeles and

his conscious rap lyrics.

The sneakers are an off-white 'paperwhite' suede and feature the word 'red' on the right heel and 'blue' on the left heel (a reference to the two gangs' affiliation colors) and the word 'neutral' inscribed under the tongue.

AFP

JULY 18 SNEAKERS WILL GO ON SALE FOR \$130 US



MLB ALL-STAR CONCERT

Lovato steps up to the plate

IN HOLLYWOOD

Ned Ehrbar

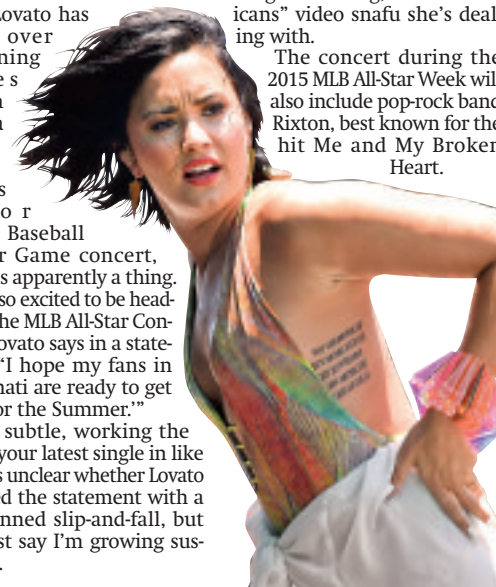


Demi Lovato has taken over headlining duties from Ariana Grande at this year's Major League Baseball All-Star Game concert, which is apparently a thing. "I'm so excited to be headlining the MLB All-Star Concert," Lovato says in a statement. "I hope my fans in Cincinnati are ready to get 'Cool for the Summer.'"

Real subtle, working the title of your latest single in like that. It's unclear whether Lovato followed the statement with a pre-planned slip-and-fall, but let's just say I'm growing suspicious.

Grande, for her part, had to bow out of the gig because she recently got her wisdom teeth removed. And here I thought it was because of that whole doughnut-licking, "I hate Americans" video snafu she's dealing with.

The concert during the 2015 MLB All-Star Week will also include pop-rock band Rixton, best known for the hit Me and My Broken Heart.



LAMBERT CANCELS STAMPEDE; THE VIEW'S REVOLVING DOOR

No bull

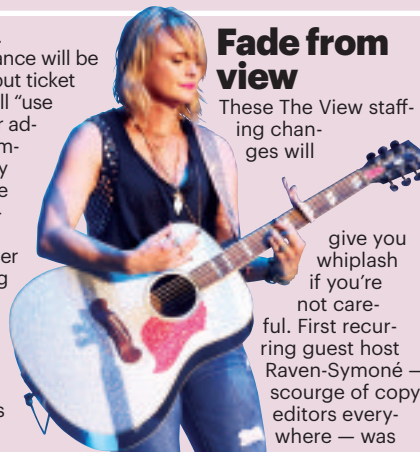
It's hard out there for professional singers these days, with vocal cords acting up left and right, causing all sorts of tour disruptions.

The latest victim? Miranda Lambert, who had to dash plans for her upcoming Calgary gig due to "serious inflammation" of her vocal cords, according to her Facebook page.

"I'm so sorry that I can't be at Stampede this week, but I'll be back in Calgary just as soon as I can for all of my Stampede fans," she said

in a statement.

The appearance will be rescheduled, but ticket holders can still "use their tickets for admission to Stampede and enjoy all that we have to offer," Stampede's chief operating officer Paul Rosenberg said, "including live country music at Nashville North." Just, you know, sans Lambert.



Fade from view

These The View staffing changes will

give you whiplash if you're not careful. First recurring guest host Raven-Symoné — scourge of copy editors everywhere — was

tapped for a permanent spot on the daytime chat panel.

Then this week word leaked that newly added Rosie Perez would be leaving the show at the end of her first season in August.

Everyone first had to come to terms with the realization that The View is a show with "seasons" before even more news came in: Comedian and recurring guest-host Michelle Collins is also being made a full-time member of the show. So ... good for her? Now then, is anyone still actually watching?

Death on TV

Game of Thrones has had plenty of shocking deaths — including some very recent ones that still aren't necessarily confirmed as real — but Maisie Williams, who plays plucky assassin-in-training Arya Stark, has one in particular that resonates more than others: that of Robb Stark, played by Richard Madden, who was offed along with his mother and



pregnant wife at the infamous Red Wedding. "I feel like the audience — and myself — were led into such a false sense of security, we couldn't see it coming," she tells E! News. "I guess it was the same with Jon, but we're sort of used to that now. I'm so numb to it, my family members being taken away from me." That's rough, girl. NED EHRBAR FOR METRO

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DRUG MART



What they're asking



Some things are better new, and there's nothing nicer than a gleaming new condo suite. Here's a look at medium-sized, brand new one-bedroom units near downtown **Duncan McAllister** FOR METRO



\$239,900

Winnipeg

Glasshouse Lofts is a 200-unit, high-design condominium development at 311 Hargrave St., across from the MTS Centre. Featured is a 587-sq.-ft. one-bedroom suite in the A3 plan of the modern design, 21-storey residential glass tower by Urban Capital. The suites feature brushed aluminum hardware, rich hardwood flooring and porcelain tile. The condo is part of the new, mixed-use Centrepont development, with offices, restaurants and an Alt Hotel. Move-in is scheduled for next spring. Contact the sales centre at 204-282-9658 or email sales@glasshousewinnipeg.com.



\$422,900

Vancouver

You can get a 661-sq.-ft. one bedroom plus den in Altus, the second phase of the SOLO District condo project. SOLO District is close to the SkyTrain at Lougheed Highway and Willingdon Avenue in Burnaby, a suburb of Vancouver. The development will feature a selection of retailers and exclusive amenities, including a rooftop patio, with a full kitchen, large dining room, media centre, outdoor lounge with barbecue and fireplace. Other amenities in Altus include a fully equipped fitness studio and an outdoor rooftop multi-sport court. Contact the sales centre at 604-227-3745 or email info@solodistrict.com.



\$479,000

Calgary

Featured is a 776-sq.-ft. suite with one bedroom plus den at the Lido condominium by Battistella. The building is at 10 St. N.W. and 2 Ave. N.W., in the heart of one of Calgary's most desirable inner-city neighbourhoods. It features a boutique hotel on the second level, and seven commercial bays that will include fine dining, high-end retail shops, a boutique wine store, and a coffee shop. The building also features a rooftop garden for residential use, with great downtown views, and outdoor fireplaces. Contact the sales centre at 403-290-1664 or email info@battistella.ca.



\$398,000

Halifax

The Roy, a contemporary 22-storey condominium, is located at 1650 Granville St. in the centre of downtown Halifax. It's an area that's experiencing rapid growth, with new commercial and residential developments opening in the coming months. The building offers three units at 743 sq. ft., called The Canadian, The Scotia and The Royal. The historic development by Starfish Properties will feature the work of Page + Steele IBI Group Architects and interior designs by UNION31. Contact the sales centre at 902-431-1650 or email info@theroyalhalifax.com.



\$439,900

Ottawa

Here's a 756-sq.-ft. one bedroom plus den suite in the new Rideau tower at 831 Bank St., in the centre of Ottawa. Minto@lansdowne is comprised of two highrise condominium towers with a collection of suites and townhomes. As part of the Lansdowne Park rejuvenation, Minto@lansdowne is close to new retail and dining experiences, with entertainment spaces throughout the park and a large outdoor skating rink. Minto@lansdowne is part of the historic Glebe area, one of Ottawa's premier shopping destinations. Contact the sales office at 613-788-2784 or visit minto.com.



\$392,490

Toronto

Featured is a 667-sq.-ft. unit on the 10th floor, overlooking Forest Hill. The Barrington Condominium Flats at 1486 Bathurst St. is introducing new suite designs and pricing in the St. Clair residential area, which is undergoing an urban renaissance. There are two new suite groupings: The London Flats and The Knightsbridge Collection, with amenities that include ground-floor retail and a fitness centre. The 18-storey Barrington is near the St. Clair West subway station and has a walk score of 98 and a bike score of 88. Contact the sales centre at 416-410-4444 or email info@barringtoncondos.com.

Pattern holds clue to colour

DESIGN CENTRE

Karl Lohnes



An old-time decorating secret answers a reader's colour decor question

Q: I recently moved into my new condo and am ready to decorate. What comes first: the paint colours or the furnishings? — S. Stein, Toronto.

A: Here's the decorator secret to choosing colours: Choose the largest item that influences pattern or colour for each room, then take inspiration for the wall colour from that piece. For instance, in the bathroom it might be a shower curtain, in the living room it might be armchairs and in the bedroom it will most likely be the bedding or a carpet. By choosing a paint colour that is the third colour in any pattern, you will create a balanced room for adding colour. If you are choosing items that don't have a variety of colours, then you will be decorating in monochromatic style. Monochromatic (using one colour) does not have to be boring — just remember to use darker and lighter tones in order to create interest in the room. Here are three great examples.



ABOVE:

When working with a monochromatic colour scheme, consider adding drama to the walls with a more intense paint colour. Paint: Sterling Forest, BenjaminMoore.ca. Pebble Shower Curtain, \$20, Simons.ca. Remember that a monochromatic room does not mean all beige or bland colours.

LEFT:

The third colour that pops least in this chair is deep grey — there's your inspiration for a great backdrop paint colour. Paint: Burnt Amber, Benjamin Moore Paints. Grayson Chair, \$1,500, CrateAndBarrel.com. Even though the paint colour is a neutral, its deep tone makes it dramatic and adds an unexpected punch to the walls.

BOTTOM LEFT:

Finding the third most prominent colour in patterned bedding makes for the perfect wall colour. Paint: Bryant Gold, BenjaminMoore.ca. Clearly Organic Duvet & Sham, from \$30, PotteryBarn.com. Using this trick is the difference between just painting your walls and making the room look like the decorator was there.

Got a decorating dilemma?
E-mail Design Centre at
Home@MetroNews.ca

Easy does it with outdoor accessories

GARDENING

Landscape attractions can be both pretty and functional

Flowers are the face of a garden, providing colour and texture. But a few well-placed landscape accessories can give it character and a dash of personality.

Accessories can range from water fixtures, like ponds and streams, to outdoor furniture and appliances, fountains to statuary, miniature fairy gardens to antiques. Give it some thought, however.

"There's some wonderful stuff out there (to collect) and it's awfully tempting, but you have to be really careful not to overdo it," said Linda Engstrom, a landscape designer from Portland, Ore.

She advises putting no more than two or three items in one area. "It gets too cluttered and the eye doesn't know where to



Baskets are integrated into a garden near Langley, Wash.

THE ASSOCIATED PRESS

go," she said. "You need some negative space."

Many of those items also can be high maintenance. And landscape accessories should fit the architectural style of the home, Engstrom said.

"I had a client once who had a Tudor house but who wanted a Japanese garden. That wasn't such a great idea, but I was able to give her a Japanese-style garden semi-enclosed in the backyard, and it wasn't jarring," she said.

Accessories can be used to screen unsightly utility sheds or add some visual flavour to hobby greenhouses, she said.

"Put up a pergola and string it with vines and flowers. Add a fountain or garden seat."

Homemade landscaping objects are becoming fashionable again, said Leonard Perry, an extension professor with the University of Vermont.

"Making your own accessories may be a great way to save money, a fun craft hobby or family activity," Perry said. "Making colourful pavers (stepping stones), either with inlaid objects, designs or leaf impressions, is a great activity to involve children."

Creativity also comes into play finding unusual objects from flea markets, garage sales or your basement, and figuring out how to incorporate them into a garden.

Tastes vary, of course, Perry noted. "What is tacky to some may appear to be a thing of beauty to that gardener or homeowner," he said.

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Quiet Jets have space for youngsters on roster

VIEW FROM THE 300S

Andrew 'Hustler' Paterson



Not surprisingly, the Winnipeg Jets were relatively quiet last week when NHL free-agency opened on Canada Day.

The Jets lost Michael Frolik to the Calgary Flames but welcomed back Alex Burmistrov back from his sabbatical to the KHL. Depth signings for the Jets included Adam Pardy, Matt Halischuk and Matt Fraser.

So, at least for the time being, there are roster spots available for prospects in the Jets' system. Legitimate opportunities for new players to crack the NHL lineup come October.

The Jets wrapped up their development camp Tuesday at Iceplex with a spirited scrimmage featuring many of the prospects knocking on the door. It's important to not take too much from development camp — but in listening to the players as they left Winnipeg, it is clear many of them expect to challenge for a big-league spot.

Here are some of the Jets top prospects and their outlook for fall employment in the NHL:

Nic Petan — after an incredible junior career in



If Danish prospect Nikolaj Ehlers doesn't crack the Jets this fall, he could find him back in Halifax with the QMJHL's Mooseheads. FRANCOIS LAPLANTE/FREESTYLE PHOTO/GETTY IMAGES

Portland, Petan will make the jump to pro this season and will certainly be in Winnipeg one way or another. The question will be whether that is with the Jets or the Moose

to start off. Seasoning in the AHL would certainly not hurt Petan but expect him to challenge for an NHL spot.

Nikolaj Ehlers — He gained 14 pounds going into

development camp and felt it was a challenge getting used to the extra weight on the ice. The dynamic Dane doesn't have anything else to prove in junior hockey but that is

where he will be if he can't crack the Jets. Conventional wisdom is that there is a spot for Ehlers.

Josh Morrissey — He is in a similar position to Petan in that he'll be on one of the teams in Winnipeg next season. Morrissey looked great in development camp and already has AHL playoff experience, but lack of open roster spots on the Jets blue line suggest the 2013 first-rounder will begin his pro career in a Moose jersey.

Joel Armia/Brendan Lemieux — Armia and Lemieux were acquired in the blockbuster Evander Kane trade and both will come to camp with sights set on an NHL spot. Lemieux cannot be sent to the AHL this year but may force the club to consider him for the Jets roster. Armia looked great in camp and with a couple of AHL seasons under his belt may be more ready for the NHL jump than some of the other Jets prospects.

Connor Hellebuyck — Hellebuyck was outstanding in his first pro season and starred at the World Championships for Team USA. Depending on injuries we may very well see him with the Jets at some point this year, but expect him to be the Moose starter behind Ondrej Pavelec and Drew Hutchinson on the depth chart in goal.

SEMIFINALS

Top three men seeds sail through in straight sets

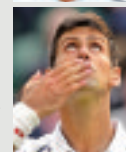
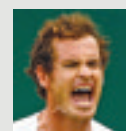
The top three men — Novak Djokovic, Roger Federer and Andy Murray — cruised into the Wimbledon semifinals in straight sets. The final four lineup has an unexpected name, too.

Richard Gasquet ousted lasted French Open champion Stan Wawrinka in a marathon fifth set Wednesday, preventing Wimbledon from having the top four men's seeded players in the semifinals for the first time in 20 years.

The 21st-seeded Frenchman overcame the fourth-seeded Swiss 6-4, 4-6, 3-6, 6-4, 11-9, falling onto his back in relief after Wawrinka's backhand went long on the third match point, ending nearly 3-1/2 hours of play.

Gasquet reached the semifinals at the All England Club for the first time since 2007. He will face defending champion Novak Djokovic, who swept past Marin Cilic 6-4, 6-4, 6-4.

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Andy Murray, Novak Djokovic and Roger Federer are in the last four

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NFL

Redskins trademark cancelled by judge

For the first time in a legal battle that has stretched over 20 years, a federal judge on Wednesday ordered the cancellation of the Washington Redskins' trademark registration, ruling that the team name may be disparaging to Native Americans.

The ruling does not bar the team from using the Redskins name if it wishes. The team could even still sue for trademark infringement, but winning such a case could prove more complex without the legal protections

that come with a federally registered trademark.

Redskins President Bruce Allen said the team will appeal.

"We are convinced that we will win because the facts and the law are on the side of our franchise," Allen said in a statement. U.S. District Judge Gerald Bruce Lee's ruling upholds an earlier finding by an administrative appeal board and orders the federal Patent and Trademark Office to cancel the registration.

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IN BRIEF

Source: Clippers trying to keep hold of centre Jordan

Two people with knowledge of the situation say the Los Angeles Clippers are making a last-ditch push to keep free agent centre DeAndre Jordan from joining the Dallas Mavericks.

Jordan and the Mavericks agreed to terms on a four-year, \$80 million contract last Friday. The Clippers can offer a five-year deal worth even more once contracts can be signed starting Thursday.

THE ASSOCIATED PRESS

Red Wings sign winger Tangradi to one-year deal

The Detroit Red Wings have signed left wing Eric Tangradi to a one-year contract.

The team announced the deal Wednesday. Tangradi, 26, played seven games last season for the Montreal Canadiens. He played a career-high 55 games for Winnipeg in 2013-14. Tangradi was drafted in the second round in 2007 by the Anaheim Ducks. He made his NHL debut in 2010 for Pittsburgh, and was traded the Jets from there in 2013. THE ASSOCIATED PRESS

GOLF

Injured McIlroy will not take Open risk

The photo Rory McIlroy posted to Instagram on Wednesday shows his feet up, a black air cast around his left ankle, as he watches Wimbledon on television. The claret jug was positioned beneath the screen.

When it comes to a Grand Slam championship in his own sport, the world's No. 1 golfer will be reduced to watching this year. Two days after the stunning news that he ruptured a ligament in his left ankle, McIlroy pulled out of the British Open



Rory McIlroy

GETTY IMAGES

at St. Andrews, the first time in 61 years that the defending champion will not be in the field.

He injured his ankle over the weekend playing soccer with friends in Northern Ireland. McIlroy held out hope he could still play next week, but he decided it was not worth risking a full recovery. THE ASSOCIATED PRESS

RECIPE Black Bean, Mandarin Orange and Baby Shrimp Salad



EAT LIGHT AT HOME

Rose Reisman

rosereisman.com

@rosereisman



If using frozen shrimp, be sure to defrost, drain and dry completely for the best result. If mandarin oranges or tangerines are in season use them to replace the canned. Serves 4.

Ready in

Prep time: 15 minutes

Cook time: 3 minutes

Ingredients

- 1/2 cup drained, canned or frozen corn
- 4 oz baby cocktail shrimp
- 1/2 cup canned mandarin oranges, drained and patted dry
- 1/2 cup black beans, drained and rinsed
- 1/2 cup diced red bell pepper
- 1/4 cup diced red onion

- 1 1/2 tsp olive oil
- 1 1/2 lemon juice
- 1 tsp honey
- 1/2 tsp minced jalapeno peppers
- 1/2 tsp Dijon mustard
- 1/4 tsp cumin
- 3 Tbsp chopped cilantro or mint
- Salt and pepper
- 8 Boston lettuce leaves

Directions

1. In small skillet sprayed with vegetable oil, add corn and sauté for three minutes, just until lightly charred. Add to bowl along with remaining ingredients. Mix well and divide over lettuce leaves.

Nutrition per serving

- Calories 110
- Protein 10 g
- Fibre 4 g
- Total fat 3 g
- Sodium 200 mg

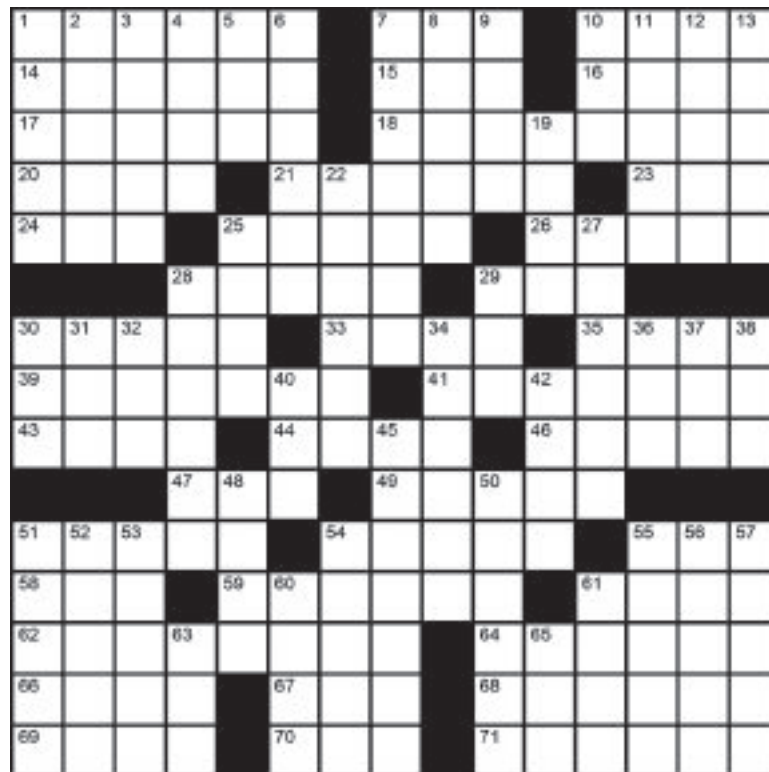
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- Mini racing vehicle
- Tough wood
- Help with the heist
- Charlie Sheen's brother
- SSW's opposite
- Bat's hangout
- Ms. Shire's of "Rocky" (1976)
- Canadian vitamins brand since 1922
- Loafer, for one
- Villainous 'Lord' in Lord of the Rings
- Pres. Eisenhower
- Writer Mr. Milne's
- Bird feather pen
- Refuge for a castaway
- Music producer, Jermaine
- "Rhoda" production co.
- Laboratory dish
- Adroit
- Try to persuade
- __-style sunglasses
- Trade-in at the dealership: 2 wds.
- Hungry feelin'
- __ and terminator
- Open-mouthed
- Sour
- Earthenware jar
- Heavenly food
- Call
- Intercept information
- Eggs, scien-



- tically
- Astute
- Info collected from research
- Tom Cruise's bartender movie
- Synchronicity
- Put on payroll
- Wedding promise: 2 wds.

- Degrees
- Seaport of Yemen
- "Steal My Sunshine" group
- Every 12 months

DOWN

- Enjoys, __ kick

- out of
- D-Day beach
- Metric weights, for short
- No word of __ (True)
- Narrow inlet
- Outcome that could go either way
- "Falling in Love

- Again" is a new single by what single-named Canadian songstress?
- Fido's warning
- Prefix with 'globin'
- Deck of cards symbol
- Pesto ingredient

- Call forth
- Principle
- Put a sock __: 2 wds.
- Put the clothes out on the line
- Vocationally vacate
- Blur
- Fearsome fire-breathing flyer
- Rushmore, et al.
- Celeb photographer
- Moviedom's Ms. Mendes
- Pantry container
- Botox injection site
- Electronics co.
- Discontinuity
- Poet's 'previously'
- Cartoon fight sound effect!
- Let up
- Level of command
- Quick
- Excessively
- Coffee order
- Cold shoulder it
- Mother-of-pearl
- "__ & Prejudice" (2005)
- Shock weapon
- Ring-shaped coral island
- Popular garden flower
- Salute
- Prima donna
- Mattel guy
- Born, in bridal bios

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
People will go out of their way to do you favours today, which, of course, makes you suspicious, but there is no reason to be. Some people like you and genuinely want to help.

Taurus April 21 - May 21
You are taking something far too seriously and at the same time neglecting far more important issues. What happens today will offer perspective and remind you that life is too short to waste time on worry.

Gemini May 22 - June 21
You may be under the impression that you can say and do what you please but that does not mean you can step out of line and be protected from the consequences every time.

Cancer June 22 - July 23
You are in a generous mood at the moment and that's good, but don't fall into the trap of thinking it's about money. What others want from you is your time and attention and sympathy. Gifts are nice but not essential.

Leo July 24 - Aug. 23
With Venus and Jupiter moving through your sign, you are responsive to other people's moods and needs. However, watch out that their negative feelings don't start to have a negative effect on you.

Virgo Aug. 24 - Sept. 23
You are craving something, or someone, you cannot have. Some things are best left in the realms of fantasy. Besides, reality is not so bad.

Libra Sept. 24 - Oct. 23
You don't lack for compassion but how about common sense? You could be fooled into thinking you are doing the right thing, when the best thing is to leave well alone.

Scorpio Oct. 24 - Nov. 22
You want to impress people who can help you realize your ambitions, but there is a danger you will go too far and say or do things that are so over the top they're counterproductive. Don't try so hard.

Sagittarius Nov. 23 - Dec. 21
Don't let unexpected events undermine your confidence, especially on the work front where a series of setbacks seems to have dented your morale.

Capricorn Dec. 22 - Jan. 20
Don't give away too much information today. The less others know about your plans the better — one of your friends has a very big mouth and could tip off your rivals.

Aquarius Jan. 21 - Feb. 19
Be wary of anyone whose attitude towards you goes from one extreme to the other. If they are that changeable in their affections then maybe it's best to keep them at arm's length.

Pisces Feb. 20 - March 20
Your imagination is extremely powerful but there are times when it gets the better of you. The first step toward resolving your current problem is to stop worrying about it so much.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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